



Dr. Hall's Preoperative Instructions

The general surgery staff can schedule your surgery at several different facilities. Please be sure to confirm with the office where your surgery will be performed.

_____ Jackson Madison County General Hospital (620 Skyline Drive, Jackson, TN 38301). **Please call (731) 541-6919 the day after your surgery is scheduled to make an appointment for pre-anesthesia testing.** Please go over all your current prescription and over the counter medications with the pre-anesthesia team. The day before surgery you will receive a phone call regarding your arrival time. On the day of surgery please park in front of the main entrance in the large parking lot and enter through the front door and check in with the admissions desk. Please see the map included in your scheduling information. If you have any further questions please contact the general surgery office.

_____ West Tennessee Surgery Center (700 West Forest Ave, Jackson, TN 38301 – First Floor). Please call Ms. Peggy Johnson at (731) 541-8868 the day prior to your procedure. On the day of surgery please park in garage 3 and enter through the main entrance on the ground floor. If you have any further questions please contact the general surgery office.

_____ Jackson Clinic Vein and Vascular Center (213 Sterling Farms Dr, Jackson, TN 38305). You will be contacted by the Vein and Vascular Center and they will go over the instructions with you over the phone. Please call the Vein and Vascular Center at (731) 422-0481 if you have any questions.

Medication Instructions

1. Diabetic Medications – Hold oral medications the morning of surgery. If you take Metformin - you may begin taking it again 2 days after surgery. If you are on insulin - Please discuss your insulin dosage with the pre-anesthesia team and follow their instructions.
2. Anticoagulant or Antiplatelet agents (Blood thinners) – stop these blood thinners on the designated number of days before surgery. **This may not be required if you are undergoing a vascular procedure.** Please confirm with the general surgery office if these need to be discontinued.
 - a. Aspirin –7 days
 - b. Cilostazol – 4 days
 - c. Coumadin (Warfarin) – 5 days
 - d. Eliquis (Apixaban) – 2-3 days
 - e. Plavix (Clopidogrel) – 5 days
 - f. Pradaxa (Dabigatran) – 5 days
 - g. Savaysa (Edoxaban) – 1 day
 - h. Xarelto (Rivaroxaban) – 3 days

- i. Zontivity (Vorapaxar) – 28 days
3. Over the Counter Medications – Please stop all over the counter medications, herbs, and NSAIDS 7 days before your procedure (i.e. Vitamin E, multivitamin, herbal blends, BC powder, Goody’s, Ibuprofen, Aleve, Motrin, Meloxicam, Celebrex, Diclofenac Sodium, etc.)

Diet Instructions

1. Nothing to eat after midnight prior to your operation (Please see below if you are undergoing a colon operation). You can have clear liquids until you arrive at the hospital. You can have coffee but **without** milk or non-dairy creamer. Please drink a carbohydrate loading beverage (e.g. Gatorade or Powerade) on the way to the hospital.
2. If you are undergoing a colon procedure please see the bowel preparation instructions as you will start a clear liquid diet the day before surgery.

Other Instructions

1. Shower the night before and the morning of surgery. Wear loose fitting clothing to the hospital to allow room for bandages.
2. Do not use makeup, lotion, creams, powders, deodorant, perfume or hair products after your shower or the morning of surgery.
3. Jewelry, piercings, hearing aids, contacts, glasses, dentures, bridges, or partials cannot be worn into surgery.
4. No alcohol, gum, chewing tobacco, or smoking the morning of surgery.
5. Please bring a driver. You will not be able to drive yourself home after surgery. You must make plans for a responsible person to receive the postoperative information and drive you home.
6. Your postoperative appointment will be made at the time of scheduling your surgery.
7. Please call our office at (731) 422-0308 if you have any questions. We are here to help you!