

ENDOSCOPY (EGD) INSTRUCTIONS

THE JACKSON CLINIC PROCEDURE INSTRUCTIONS

- Hold all blood thinners per instructions.
- Take your blood pressure, heart, and seizure medications with a small sip of water the morning of the procedure.
- Hold all of your other medications, including diabetic medications, until after your procedure.
- You may brush your teeth the morning of the procedure.
- Please do not apply any lotions, oils, or powders the morning of procedure.
- Please take off any nail polish on the hands if possible.
- Please follow your prep instructions exactly as explained and written.
- You will need a driver to bring you to your procedure, wait for you and take you home. There are no exceptions to this.
- Please plan to be at the endoscopy center for 4-6 hours.

Leave all personal belongings at home or with your driver. This includes money, jewelry, purses, wallets, anything of sentimental/monetary value.

****NOTHING TO EAT OR DRINK AFTER MIDNIGHT****

YOUR ENDOSCOPY (EGD) PROCEDURE IS SCHEDULED FOR
ARRIVAL TIME _____.

**AT THE JACKSON CLINIC ENDOSCOPY CENTER 2859 US 45 BYPASS FRONTAGE RD,
JACKSON, TN 38305.**

*Please call the office at **731-422-0305** if you have any questions or there is any confusion about your procedure instructions.*

BLOOD THINNER INSTRUCTIONS FOR PROCEDURES

*** Hold the following medications for **TWO** days prior to procedure
- XARELTO, ELIQUIS, AND PRADAXA.

*** Hold COUMADIN for **FOUR** days prior to procedure.
- If prosthetic valve, will need Lovenox bridge.
- Please see instruction page on Lovenox bridge as instructed.

*** Hold the following medications for **FIVE** days prior to procedure.
- NSAIDS, ASPIRIN, PLAVIX, PENTOXIFYLLINE, AGGRENOX,
EFFIENT, CILOSTAZOL, PERSANTINE AND BRILINTA.

***** Avoid the below medications FIVE days prior to your prep day, unless instructed otherwise*****

LIST OF NSAIDS

- ASPIRIN
- IBUPROFEN
- NAPROXEN
- GOODY POWDERS
- BC POWDERS
- DICLOFENAC
- MELOXICAM
- CELEBREX

OVER THE COUNTER MEDICATIONS

- VITAMIN E
- FISH OIL
- MULTIVITAMINS

ASA GUIDELINES FOR GIP/GLP-1 RECEPTOR AGONISTS

- For patients taking once DAILY GIP/GLP-1 receptor agonist, medication should be held on the day of procedure.
- For patients taking WEEKLY GIP/GLP-1 receptor agonist, medication should be held one week before procedure.

TRADE NAME	GENERIC NAME	HOLD FOR
TRULICITY	DULAGLUTIDE	ONE WEEK
BYDUREON	EXENATIDE ER	TWO WEEKS
BYETTA	EXENATIDE	ONE DAY
SAXENDA/VICTOZA	LIRAGLUTIDE	ONE DAY
OZEMPIC/WEGOVY	SEMAGLUTIDE	ONE WEEK
MOUNJARO	TIRZEPATIDE	ONE WEEK
RYBELSUS	ORAL SEMAGLUTIDE	ONE DAY

- For all other types of diabetic medications, you **MAY CONTINUE** to take them as prescribed **UNTIL** the day of your procedure.
- On the day of your procedure, you will **HOLD ALL** diabetic medications **UNTIL AFTER YOUR PROCEDURE.**

Important Reminders for Drivers on Day of Procedure

- On the day of your procedure, your driver will check in with you at the front desk.
- Your driver must stay in the waiting room of the Endoscopy Center the entire time you are at there. They cannot wait in the car or run any errands.
- Plan on being at the Endoscopy Center for at least 4-6 hours.
- It is imperative that your driver have their phone available at all times during your procedure so that they do not miss any calls from the Doctor or the Nursing Staff.
- After the Doctor calls and speaks with your driver, you will be in the recovery room for at least another 20-30 minutes.
- Once you are awake and ready to leave, the staff will call your driver and let them know where to go to pick you up.

Please review this with the person that will be driving you the day of your appointment, so that they know what to expect during this time.