



Dr. Hall's Wound Care Instructions Following Breast Biopsy

Activity

Proceed with your normal activities as tolerated. Do not overexert yourself and do not lift anything heavy following the biopsy that could risk the wound coming apart.

Wound Care

After breast biopsy Steri-strips are used to bring the small wound together. A pressure dressing is then applied on top.

- Steri-strips
 - Remove the top, pressure dressing in 1 day and shower. Do not submerge the wound in a bath for 2 weeks. No swimming for 2 weeks.
 - Wash the wound with regular soap and water daily.
 - No need to apply any ointments or lotions.
 - The Steri-strips will fall off after several weeks. If they have not fallen off in 2 weeks, it is okay to remove them.

Pain Control

Please take Acetaminophen 500 mg every 6 hours or Ibuprofen 400 mg every 6 hours as needed for pain control. These can be alternated for improved pain control. Opiate medications are not typically required for these procedures.

Follow Up and Results

Follow up in our clinic in 1 week to discuss your pathology results unless otherwise instructed. If there are any problems or questions after the procedure, please call our office at (731) 422-0304.